

Solitary fibrous tumor of the brain: A report of 3 cases

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Abstract. Solitary fibrous tumor of the central nervous system (CNS) accounts for <1% of all primary CNS tumors. These tumors are typically dura-based and are graded using a three-tiered system based on cellularity, mitotic activity and necrosis. Extracranial metastasis of this disease is rare. The present study reports 3 cases of this rare tumor, retrieved from the hospital archives over a period of 5 years. The hematoxylin and eosin-stained and immunohistochemistry (IHC) slides were reviewed by two pathologists and clinical details were obtained from the hospital records. All 3 cases had tumors located in the cranial cavity. These cases had an outside diagnosis of meningioma, which on re-evaluation at our center (Rajiv Gandhi Cancer Institute and Research Centre, New Delhi, India) were found to be solitary fibrous tumor. Of the 3 cases, 1 developed local recurrence and distant metastasis. All cases showed histomorphological features of a spindle cell tumor with positivity for STAT6 by IHC. The genomic NGFI-A-binding protein 2-STAT6 fusion in solitary fibrous tumor leads toSTAT6 nuclear expression on IHC, which confirms the diagnosis and also differentiates it from its close mimics. This case series highlights that histomorphology and IHC are imperative for a correct and timely diagnosis of these tumors, which are commonly misdiagnosed clinically.

Introduction

Solitary fibrous tumors (SFTs) are mesenchymal neoplasms of fibroblastic origin that may occur at any site of the body (1). SFTs typically occur in adults and were first described in 1931 in the mediastinum and pleura (2). Superficial and deep soft tissues, viscera or bone, including extremities, abdominal or

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retroperitoneal cavity, of the head, neck and trunk may be involved (3). SFTs rarely occur in the central nervous system (CNS), accounting for <1% of all primary CNS tumors (4). In the CNS SFTs occur as intracranial extra-axial dura-based tumors, commonly situated in the skull base, falcine or parasagittal locations (5). The clinical presentation is due to the mass effect or raised intracranial pressure of the tumors and a preoperative false diagnosis of meningioma is frequent. Histopathology with immunohistochemistry (IHC) for STAT6 forms the mainstay of diagnosis. A three-tiered grading system based on cellularity, mitotic activity and necrosis is practiced for these tumors according to World Health Organization (WHO) guidelines (5th edition) (6). Gross total resection with adjuvant radiotherapy is the preferred treatment strategy while additional chemotherapy may be administered for metastatic disease (4). In the present study, 3 cases of intracranial SFTs over a period of 5 years are reported, 1 of which had an intraventricular location, and another showed evidence of local recurrence and distant metastasis.

Case report

Methods. All cases reported as SFT/hemangiopericytoma of the brain between January, 2019 and December, 2023 were collected and the clinical details were retrieved from the hospital medical records at Rajiv Gandhi Cancer Institute and Research Centre (RGCIRC), Delhi, India.

Histopathological examination was performed using 3-µm thick sections cut from formalin fixed (10% neutral buffered formalin) paraffin embedded blocks (paraffin wax used at a melting point of 56-58°C for 2-4 h). Fixation was conducted at room temperature for 6-48 h followed by further fixation at 45-50°C during tissue processing as per the in-house protocol. Hematoxylin and eosin staining was performed at room temperature for ~50 min in a Leica autostainer XL (ST5010; Leica Microsystems GmbH) according to manufacturer's protocol. Immunostaining for STAT6 (rabbit monoclonal antibody clone EP325; 1:100; cat. no. BSB-3809-05; Bio SB Inc.), CD34 (rabbit monoclonal antibody clone EP88; 1:100; cat. no. 134R-16-RUO; Cell Marque; Merck KGaA) and Ki67 (mouse monoclonal antibody clone MIB-1; 1:100; cat. no. Z2305ML; Zeta Corporation) at 37°C for 44 min was conducted using a Ventana BenchMark XT 750-700 Automated IHC/ISH autostainer (Roche Diagnostics, Ltd.) was performed as per the manufacturer's protocol, using heat-induced antigen retrieval (100°C, 4 min) and endogenous peroxidase blocking by 0.04% hydrogen peroxide. The signal amplification and signal generation were accomplished using the Ventana polymer-based OptiView system (Roche Diagnostics, Ltd.), which includes the secondary HRP antibody multimer (cat. no. 253-4580) and is incubated at room temperature for 12 min. Finally, the samples were stained with DAB. The hematoxylin and eosin-stained and IHC slides were reviewed by two pathologists under a light microscope. Ki67 assessment was conducted manually.

A total of 3 cases were identified over the study period with a mean age at diagnosis of 45.6 years (age range, 30-60 years). Of these patients, 2 were male and 1 was female. The clinical presentation included vision disturbances and headache. All 3 cases were preoperatively diagnosed as meningioma on imaging (Fig. 1). The patients underwent decompression surgery and were referred to RGCIRC for further treatment, evaluation and second opinion. The slides and blocks were brought to RGCIRC for review. The clinicopathological features of the patients are summarized in Table I.

Case 1. A 60-year-old male was referred to RGCIRC in January, 2022 with complaints of blurred vision and bifrontal headache for 1 year and amnesia for 3 months. Contrast enhanced magnetic resonance imaging (CEMRI) scan findings showed an extra axial mass in the right temporo-occipital region measuring ~6x5x4-cm. A clinical diagnosis of meningioma was considered. The patient underwent a decompression surgery followed by radiotherapy. On histopathology, the tumor was composed of spindled to ovoid monomorphic appearing cells arranged in an ill-formed fascicles and vague storiform architecture with the presence of a dilated thin walled (hemangiopericytomatous) vasculature and focal keloidal collagen and amianthoid fibers (Fig. 2A and B). The tumor cells showed mild to moderate nuclear pleomorphism. Mitosis was 15/10 high power fields (HPF) with focal necrosis (Fig. 2C and D). By IHC, tumor cells were diffusely positive for CD34 (Fig. 2E) and STAT6 (Fig. 2F), but negative for CK, glial fibrillary acidic protein (GFAP) and S100. The Ki-67 labelling index was 15-20%. A final diagnosis of SFT CNS WHO grade 3 was considered (6). The patient was treated with radiotherapy at 60 Gy in 30 fractions. At present, the patient remains disease-free after a follow-up period of 2 years and 9 months.

Case 2. A 35-year-old diabetic male patient presented with severe headache for 3 days associated with pain in both the eyes at Global Rainbow Healthcare Hospital (Agra, India) in January, 2021. Non-contrast computerized tomography of the head showed an ill-defined intraventricular mass measuring 4.6x3.2-cm involving the body and trigone of the left lateral ventricle, with an associated ventricular bleed extending into the adjacent occipital lobe. The CEMRI (Fig. 1) showed similar findings of an intraventricular space occupying lesion (SOL) involving the left occipital horn with intense enhancement and hypointense signal on T2W images suggestive of an intraventricular meningioma with subacute hemorrhage in the left occipital lobe. The patient was also preoperatively diagnosed with meningioma. Following surgery at Global Rainbow

Healthcare Hospital the patient was referred to RGCIRC in January, 2021 for a second opinion and further treatment. The patient received adjuvant radiotherapy of 60 Gy in 30 fractions at RGCIRC.

Sections from the intracranial specimen showed a cellular tumor composed of spindle-shaped cells arranged in a 'patternless' architecture with numerous interspersed dilated vessels. The cells showed indistinct cell borders with ovoid nuclei having inconspicuous nucleoli. The mitotic rate was 9/10 HPF and no necrosis was observed (Fig. 3A and B). On IHC, the tumor cells diffusely expressed STAT6 (Fig. 3D), but were negative for CD34 (Fig. 3C), CK, epithelial membrane antigen (EMA), GFAP and synaptophysin. The MIB1 labelling index was 8-10%. The integrated diagnosis given was SFT CNS WHO grade 2. The patient remains disease free after 2 years of follow-up.

Case 3. A 42-year-old female presented with bilateral loss of vision, memory disturbance and bilateral paresis for 6 months, causing the patient to be bed ridden and was admitted to BHU (Varanasi, India) in February, 2011. Surgery was performed on the patient for a dura-based intracranial SOL, which was diagnosed as an anaplastic meningioma CNS WHO grade 3 on histopathology. The patient subsequently received 60 Gy of radiotherapy in 30 fractions. Surgery was again performed in 2016 and 2019 when the patient developed recurrences while receiving radiotherapy. The patient was admitted to RGCIRC in 2019, and following CEMRI, a post-op status of a dura-based lesion in the occipital and posterior fossa region with multiple bilateral cerebral nodules was revealed. The patient underwent a PET/CT, which detected bilateral lung metastasis in the form of sub pleural nodules, cervical supraclavicular lymphadenopathy and a lytic lesion in the sacrum with a soft tissue component. The slides and paraffin-embedded blocks from the dura-based lesion were also reviewed at RGCIRC along with a tru-cut biopsy of the lung nodule. A biopsy from the supraclavicular lymph node showed granulomatous lymphadenitis with no evidence of malignancy. The patient received pazopanib (tyrosine kinase inhibitor) for 9 months at an initial dose of 400 mg twice a day (BD) and then de-escalated to 200 mg BD. This treatment was stopped once the patient developed a recurrence detected in 2021, when the patient complained of headaches associated with vomiting. On evaluation, CEMRI of the brain revealed a post-op status with a progressive enhancing dura-based lesion in the occipital and posterior fossa region with extensions, leptomeningeal enhancement, subgaleal collection at the craniotomy site and persistent multiple bilateral cerebral enhancing nodules. A re-exploration and decompression surgery was performed followed by supportive care. The patient developed recurrent seizures and meningitis, for which the patient was treated with intravenous antibiotics [caspofungin 50 mg once daily, fosfomycin 4 g trice daily (TDS) and meropenem 2 g BD], antiepileptics (levetiracetam 1.5 g BD, sodium valproate 500 mg TDS and lacosamide 200 mg BD) and anti-inflammatory drugs (paracetamol 1 g, as required) along with multivitamin syrup, calcium gluconate and pantoprazole 40 mg iv BD. However, the patient left the hospital against medical advice in August, 2021.



Table I. Clinicopathological parameters of the reported cases.

Clinicopathological parameters	Case 1	Case 2	Case 3
Age, years/sex	60/Male	35/Male	42/Female
Clinical presentation	Blurred vision with	Severe headache 3 for days	Bilateral loss of vision,
	bifrontal headache for	and pain in both eyes.	memory disturbance and
	1 year and amnesia for	1	bilateral paresis for
	3 months.		6 months.
Imaging findings (CEMRI)	Extra-axial mass of	Ill-defined intraventricular	Post-op status of a dura-
	60x50x40-mm in the	mass of 46x32-mm in the	based lesion in the occipital
	right temporo-occipital	left occipital lobe with asso-	and posterior fossa.
	region	ciated ventricular bleeding.	
Keloidal collagen/	Present	Absent	Absent
amianthoid fibers			
Nuclear pleomorphism	Mild to moderate	Mild	Moderate
Mitosis, /10 HPF	15	9	>20
Necrosis	Present	Absent	Present
Immunohistochemistry			
CD 34	P	N	Heterogenous P
STAT6	P	P	P
GFAP	N	N	N
CK	N	N	N
S100	N	N	N
Ki-67 labelling index, %	15-20	8-10	Not performed
Final diagnosis	SFT CNS WHO grade 3	SFT CNS WHO grade 2	SFT CNS WHO grade 3

HPF, high power fields; P, positive; N, negative; SFT, solitary fibrous tumor; CEMRI, contrast-enhanced magnetic resonance imaging; SFT, Solitary fibrous tumor; WHO, World Health Organization.

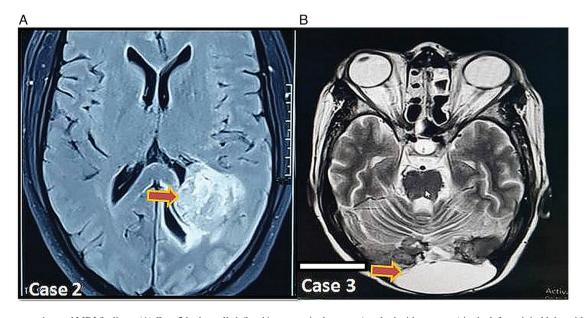


Figure 1. Contrast enhanced MRI findings. (A) Case 2 had a well-defined intraventricular mass (marked with an arrow) in the left occipital lobe with associated ventricular bleeding. (B) The post-op status of Case 3 with dural-based lesion in occipital and posterior fossa (marked by arrow).

The histopathological examination of the primary site and recurrent tumor revealed a cellular spindle cell tumor arranged in solid sheets and a haphazard pattern with limited intervening stroma. The tumor cells were spindle to oval-shaped with ovoid nuclei containing vesicular chromatin and moderate nuclear pleomorphism. A staghorn

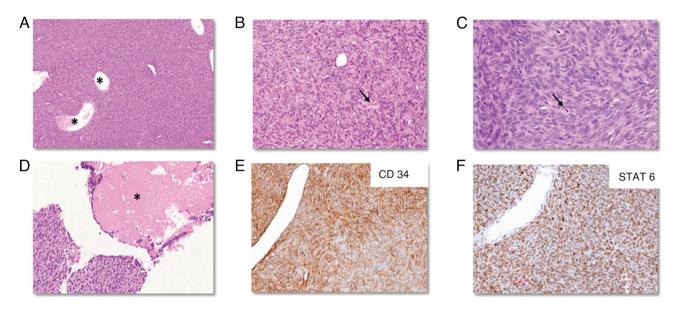


Figure 2. Microscopic images of Case 1. (A) H&E-stained image (magnification, x10). Tumor cells were observed in sheets with interspersed dilated vessels (*). (B) H&E-stained image (magnification, x20). The arrow highlights the amianthoid fibers. (C) H&E-stained images (magnification, x40). The arrow highlights the mitotic figures. (D) H&E-stained image (magnification, 10x), *indicates necrosis. Immunohistochemistry (DAB stain; magnification, x20) for (E) CD34 and (F) STAT6 was positive. H&E, hematoxylin and eosin.

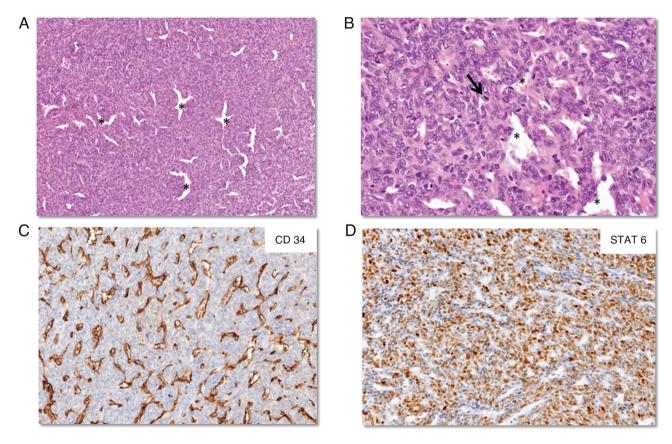


Figure 3. Microscopic images of Case 2. (A) H&E-stained image (magnification, x10). 'Patternless' architecture of tumor cells with a hemangiopericytomatous vasculature (*). (B) H&E-stained image (magnification, x40). The arrow highlights mitotic figures. Immunohistochemistry (DAB stain; magnification, x10) for (C) CD34 was negative, while (D) STAT6 was positive in the tumor cells. H&E, hematoxylin and eosin.

vasculature was observed interspersed amidst the tumor (Fig. 4A and B). Foci of hemorrhage and necrosis were also noted. The mitosis was brisk (>20/10 HPF). On IHC, tumor cells were observed to express STAT6, which was strong

and diffuse, while CD34 showed heterogenous positivity. The tumor cells were negative for GFAP, S100 and smooth muscle actin. An integrated diagnosis of SFT CNS WHO grade 3 was considered (Fig. 4C and D). Biopsy from the



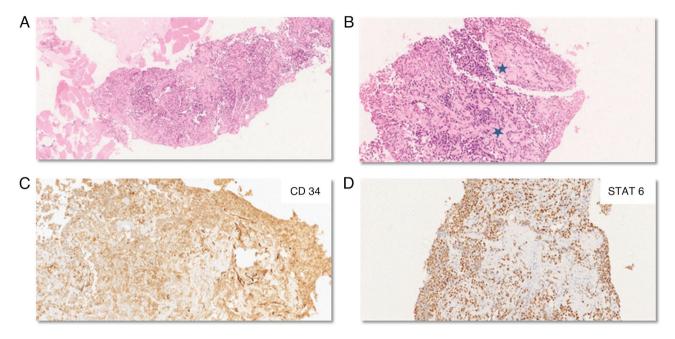


Figure 4. Microscopic images of subpleural metastatic nodule in Case 3. (A) H&E-stained image (magnification, x10). Low-power magnification of fibromuscular tissue infiltrated by tumor cells. (B) H&E-stained image (magnification, x20). *marks the area with stromal hyalinization. Immunohistochemistry (DAB stain; magnification, x20) for (C) CD34 shows heterogenous positivity, while (D) STAT6 shows diffuse positive expression. H&E, hematoxylin and eosin.

subpleural nodule confirmed metastasis with similar histopathology and immunohistochemical findings. The patient died in December, 2021.

Discussion

SFTs of the CNS are rare tumors typically occurring as dural-based supratentorial tumors or uncommonly in the spinal location (6). The precise cell of origin for a CNS SFT remains uncertain and is considered to be of fibroblastic nature, possibly arising from thick collagen bands (7). Due to the dural-based nature and peripheral contrast enhancement commonly known as the 'dural tail', CNS SFTs are commonly misdiagnosed as meningiomas radiologically (8). The genetic hallmark of all SFTs is a paracentric inversion involving the long arm of chromosome 12, leading to a fusion of the NGFI-A-binding protein 2 and STAT6 genes that is easily demonstrable as nuclear expression of STAT6 on IHC (9). SFTs typically occur in older adults between the fifth and seventh decades of life, with clinical symptoms related to increased intracranial pressure or the mass effect caused by these tumors. Out of the 3 cases reported in the present study, Case 1 was a 60-year-old male while Cases 2 and 3 were younger patients of 31 and 40 years, respectively, who were provisionally diagnosed with meningioma based on the imaging findings. Case 2 presented as an intraventricular mass, which is a very rare site for SFTs. An intraventricular location leads to differential diagnoses encompassing intraventricular meningiomas, choroid plexus tumors, ependymomas, gliomas or even metastasis. To date and to the best of our knowledge, only 11 cases of intraventricular SFTs have been reported in the literature (10-19).

Histopathological examination is the gold standard for diagnosis of SFT. SFT is composed of uniform-appearing spindle-shaped cells disposed in a 'patternless' or haphazard arrangement with a typical thin-walled dilated branching 'hemangiopericytomatous' vasculature. The terms 'solitary fibrous tumor' and 'hemangiopericytoma', which were historically considered as two ends of a spectrum, were combined together due to the common genetic signature. However, the latest WHO blue book series has removed the term, hemangiopericytoma, altogether. The morphology can vary from a hypocellular to a markedly cellular phenotype. There can be presence of keloidal-type collagen and amianthoid fibers focally (6). Nuclear pseudoinclusions and calcifications observed in meningiomas are typically not observed in SFTs. An associated adipocytic component or dedifferentiation may be rarely observed both at the time of primary diagnosis or at the time of recurrence (20). Mitosis (≥5/10 HPF in grade 2 and 3 tumors) and necrosis (seen only in grade 3 tumors) form the basis of stratifying these tumors into a three-tiered grading system (21). All 3 cases reported in the present study showed a similar morphology: A cellular spindle cell tumor with a hemangiopericytomatous vasculature interspersed throughout with variable mitosis and necrosis. Cases 1 and 3 were classified as CNS WHO grade 3 SFTs, while Case 2 was considered a CNS WHO grade 2 SFT.

On IHC, SFTs express CD99, CD34 and bcl2, while expression of STAT6 is considered the immunohistochemical hallmark acting as a surrogate for the associated gene fusion. Aldehyde dehydrogenase 1 family member A1 is a newer marker with a notable sensitivity and specificity (6). An IHC panel is generally employed, depending on the morphology and location of the tumor, to rule out the differential diagnoses. A CNS SFT needs to be differentiated from its close mimics such as meningioma (fibrous subtype; characterized by positivity for EMA and somatostatin receptor 2), schwannoma (S100+), sarcomas (such as malignant peripheral nerve sheath

tumors), monophasic synovial sarcoma (EMA⁺, CK⁺ and TLE1⁺) and mesenchymal chondrosarcoma (SOX9⁺, NKX2.2⁺ and NKX3.1⁺) along with gliomas (GFAP⁺) or even metastatic carcinomas (pancytokeratin positive). In the present study, immunonegativity for EMA and GFAP ruled out meningioma and glioma, respectively, while pancytokeratin and S100 negativity was useful in negating metastasis and nerve sheath tumors, respectively. CK and EMA negativity also ruled out a synovial sarcoma. Strong and diffuse positivity for the highly specific marker, STAT6, which was observed in all the 3 cases further assisted in the unequivocal diagnosis of an SFT. In addition, CD34 showed a variable expression, as has been described by other researchers (22).

Meningeal SFTs show a high predilection for local recurrence irrespective of the grade (23). This warrants a long term follow-up and reiterates the importance of distinguishing meningeal SFTs from their closest differential, meningioma. The risk model applied to meningeal SFTs differs from that applied to SFTs of other locations as patient age and tumor size have not been validated as adverse prognostic markers in the CNS. Gross total resection is the treatment of choice followed by adjuvant radiotherapy, which imparts a survival benefit in higher grade tumors (grades 2 and 3) (24). Distant metastasis was seen in only 3% of intracranial SFTs in a large study by Lu et al (25). The 3 cases reported in the present series were treated by surgery followed by radiotherapy. Case 1 remains disease free after a follow-up period of 2 years and 9 months, Case 2 remains disease free after 2 years and Case 3 suffered multiple recurrences and metastasis to the lung and sacrum for which the patient was administered chemotherapy. The Case 3 patient died 10 years after initial presentation. Studies on the role of chemotherapy in intracranial SFTs are scarce; however, it may be used in metastatic cases (26).

In conclusion, intracranial SFTs are rare tumors. The key to recognizing these tumors lies in the knowledge of their existence with a high index of suspicion. Histomorphology and IHC, including the surrogate marker STAT6, are imperative for a correct and timely diagnosis and to differentiate SFTs from their close mimics. A three-tiered grading system should be applied to risk stratify these tumors, which show a high propensity of recurrence. Metastasis is rare, yet a known complication of this multifaceted tumor.

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Availability of data and materials

The data generated in the present study may be requested from the corresponding author.

Authors' contributions

GD, PC, AS, SP and AM performed the histological examination. ICP performed the surgical procedures and was

responsible for taking follow-up of the patients. PC, AS and GD were major contributors in drafting the manuscript. GD and PC were also responsible for the critical revision of the manuscript. GD and PC confirm the authenticity of all the raw data. All authors read and approved the final version of the manuscript.

Ethics approval and consent to participate

This study has been reviewed and approved by the Institutional Review Board of Rajiv Gandhi Cancer Institute and Research Centre (New Delhi, India; IRB no. IRB-BHR 40/2024).

Patient consent for publication

Written informed patient/next of kin consent was obtained for publication.

Competing interests

The authors declare that they have no competing interests.

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