

Article

Variation Patterns of the Volatiles during Germination of the Foxtail Millet (*Setaria Italic*): The Relationship between the Volatiles and Fatty Acids in Model Experiments

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Abstract: Functional and nutritional compounds are increased during foxtail millet germination while bad smell is produced due to the fatty acid oxidation. To eliminate the unpleasant aroma, the origins of the volatiles must be known. A comprehensive two-dimensional gas chromatography-time-of-flight mass spectrometry showed forty-nine volatiles containing 8 ketones, 10 aldehydes, 20 alkanes, 4 alcohols, 5 alkenes, and 2 furans were tentatively identified, and they increased during the germination of the foxtail millet. To identify the origin of some volatiles, model experiments by adding 6 fatty acids to the crude enzymes of the foxtail millet was designed, and 17 volatiles could be detected. The saturated fatty acids (palmitic acid and stearic acid) had no contributions to the formation of the volatiles, whereas the unsaturated fatty acid played important roles in the formation of volatiles. Among the unsaturated fatty acids, palmitoleic acid and linoleic acid produced most aldehydes, alcohols, and ketones, while linolenic acid produced the most alkanes and alkenes. This study will be helpful for controlling the smell of germinated seeds from the raw material selection.

Keywords: volatile; fatty acid; variation; germination; foxtail millet

1. Introduction

Seed germination is considered an efficient method for improving the nutritional components of cereals [1,2]. Amino acids, fatty acids, and some vitamins are increased during the germination of *Brassica juncea* [1], foxtail millet [3], and peanut kernel [4]. In addition, functional components such as flavonoids [5,6], phenolic acids [6], and γ -aminobutyric acid (GABA) [7,8] are also improved during seed germination. It shows the germinated seed is a potential source of functional food.

However, smell is produced in germinated seed and the hydroperoxidation of the fatty acids plays important role in its production. A seed contains a high level of lipid for energy storage. During its germination, the lipid is hydrolyzed to free fatty acid by the lipase, and the unsaturated fatty acid is oxidized to hydroperoxide by lipoxygenase (LOX) [4,9]. The hydroperoxide can be degraded to the volatiles of alkanes, aldehydes, ketones, and alcohols by hydroperoxide lyase (HPL) and alcohol



oxidoreductase [10,11]. Furthermore, the activities of lipase, LOX, and HPL become higher during seed germination [9,12,13].

Though these volatiles have been detected in many plants and have been known produced by the fatty acid oxidation [14,15], there is hardly any documentary evidence clearly described the correlations between the volatiles and the corresponding fatty acid. Moreover, it is difficult to use a mono-enzyme to contact the volatiles to the individual fatty acid because there are isomers of HPL existed in plants and they have different substrate specificities [10,11]. Thus, using the crude enzyme can conveniently correlate the fatty acid and volatiles. With the crude enzyme extract from leeks, linoleic acid can produce the hexanal, heptanal, (*E*)-2-heptenal, 1-octen-3-ol, (*E*)-2-octenal, (*E*, *E*)-2,4-decadienal, and pentanol, whereas linolenic acid can produce the hexenal, (*E*)-2-pentenal, (*E*, *Z*)-2,4-heptadienal, (*E*, *E*)-2,4-heptadienal, butanol, and (*E*)-2-hexenal [10]. However, diverse fatty acids exist in seeds, and diverse volatiles are produced during germination. A comprehensive study that relates volatiles with other individual fatty acid precursor is still needed.

Foxtail millet (*Setaria italica*) is one of the important food crops with high nutrition in China. During its germination, functional components were significantly improved [7]. However, unpleasant smell produced by fatty acids influences consumer acceptance. To eliminate the bad smell, the precursors must be known. The aim of this study is to identify the origins of the volatiles from germinated foxtail millet, and the relationship between the volatiles and the fatty acid was analyzed by a model experiment.

2. Results and Discussion

2.1. Variations of the Volatiles during the Germination of Foxtail Millet

To comprehensively understand the variation of volatiles during millet germination, a comprehensive two-dimensional gas chromatography-time-of-flight mass spectrometry (GC×GC-TOF/ MS) was applied to detect the volatiles in the samples of brown millet, soaked millet, and germinated millet. After the peak alignment, a total of 449 ions were obtained for statistical analysis. A principal component analysis (PCA) divided the samples into two groups (Figure 1A), and the first two principal components explained 40.6% of the total variance (29.6% and 11.0%, respectively). The group contained jg (raw brown millet) was below the group contained jgs, jg12, jg24, jg36, jg48, jg60, jg72, jg84, and jg96 (jgs and jg12–96 represented the soaked brown millet and germinated millet for 12–96 h, respectively), and the samples in the latter group aligned from the left to right. This indicated that some different volatiles were produced during soaking and germination of the foxtail millet. A supervised partial least squares-discriminate analysis (PLS-DA) was then performed in the two groups (Figure 1B), and the model was no overfitting by cross-validation (Figure 1C). The loading plot of the PLS-DA model was used to screen the main differential volatiles in the two groups (Figure 1D). Finally, 49 volatiles which contained 8 ketones, 10 aldehydes, 20 alkanes, 4 alcohols, 5 alkenes, and 2 furans were tentatively identified by comparing with the in-line database and retention index (RI). Among them, 24 volatiles were accurately identified by the authentic standards (Table 1). Some of the volatiles were similar to the volatiles produced by the germinated brown rice and bean sprout in previous studies [2,16,17], which showed the accuracy of volatile identification in our experiment.

Table 1	. Differential	volatile compo	inds putativ	vely identified	l during g	ermination	of the foxtail r	nillet.

ID	Volatile Compound	1st Rt	2nd Rt	RIcal ^a	RIref ^b	Probability	Odor Description ^c					
Ketones												
1	2,3-Butanedione ^d	3.40	1.79	566	595	1225	fruity					
2	1-Penten-3-one ^d	4.60	2.07	644	681	7650	pungent					
3	3-Methyl-2-butanone ^d	4.60	2.01	644	657	1443	camphor					
4	2-Heptanone ^d	8.73	2.18	880	891	8707	fruity, floral					
5	Cyclohexanone	8.87	2.77	887	894	7841	minty acetone					
6	4-Methyl-2-heptanone	9.80	2.12	932	943	8771	NF					
7	1-Octen-3-one ^d	10.67	2.25	972	979	6443	mushroom, earthy					
8	3-Octen-2-one ^d	11.93	2.34	1035	1033	4690	nutty, fruity					
	Aldehydes											
9	2-Butenal	4.07	2.11	610	629	3657	flower					
10	3-Methyl-butanal	4.73	2.04	653	652	1162	peach					
11	Hexanal	6.73	2.19	776	800	8959	grass					
12	(E)-2-hexenal a	8.00	2.33	844	854	5388	green banana, cheesy					
13	Heptanal ^a	9.00	2.20	894	901	8838	herbal					
14	(Z)-2-Heptenal	10.20	2.36	950	958	4277	pungent, vegetable					
15	Benzaldehyde ^a	10.33	2.94	957	962	8697	bitter almond					
16	Benzeneacetaldehyde ^a	12.07	3.00	1042	1045	8017	green sweet, floral					
17	(E)-2-octenal d	12.33	2.35	1056	1060	7333	fresh cucumber					
18	(E)-2-nonenal ^d	14.33	2.31	1161	1162	6268	green cucumber					
10		4 70	Alkar	nes	(70)	2201	NT					
19	2,3-Dimethyl-pentane	4.73	1.60	652	672	2381	NF					
20	3-Methyl-hexane	5.33	1.61	691	676	859	NF					
21	2,5-Dimethyl-hexane	6.00	1.65	733	729	967	NF					
22	Octane ^d	6.73	1.68	776	800	5265	gasoline					
23	2,3,5-Irimethyl-hexane	7.07	1.67	796	812	2323	NF					
24	2,4-Dimethyl-heptane	7.20	1.68	803	821	1831	NF					
25	2,3-Dimethyl-heptane	7.93	1.70	840	855	3634	NF					
26	4-Methyl-octane	8.13	1.70	850	863	5801	NF					
2/	2,4,6-trimetnyl-neptane	8.33	1.68	860	870	2161	NF					
28	Nonane ^a	8.93	1./1	890	900	3280	gasoline					
29	2,7-Dimethyl-octane	9.53	1.69	919	928	5/52	NF					
30	2-Methyl-nonane	10.33	1./1	9569	964	3699	NF					
22	2,4,6-trimetnyl-octane	10.60	1.08	969	959	1045	NF NE					
32	2,2,4,6,6-Pentamethyl-neptane	10.95	1.70	9849	991	6719 5144	INF - U					
24	Decane "	11.07	1.70	991 1014	1000	5144 1208	aikane					
34	2,6-Dimethyl-nonane	11.55	1.72	1014	1018	1208	INF 11					
35	Undecane "	13.13	1.74	1097	1100	1821	aikane					
30 27	2-Methyl-undecane	14.55	1.70	1101	1104	4077	INF - U					
3/ 20	Dodecane "	15.00	1.79	1190	1200	3376	aikane					
38	2,6-Dimetnyl-undecane	15.27	1.70	1212	1210	2783	NF					
30	2 Mathyl 1 hutanal d	6.07	2.05	736	736	1758	fusel oil whickov					
40	2.3-Butanodial d	6.53	2.03	765	730	9524	fruity croamy					
40	1 Hovenold	0.33 8 27	2.30	200	/00 868	5262	athoroal fusal cil					
41	1-Hexanol -	0.27	2.13	037	000	3363						
42	1-Octen-3-ol "	10.67	2.11	972	980	4162	mushroom, earthy					
43	2 4-Dimethyl-1-hentene	7.67	1 73	827	836	6350	NF					
43	Ethylbenzene	8.13	2.23	850	855	4960	NE					
45	1 3-dimethyl-l-benzene	8 33	2.25	860	866	3038	nlastic					
46	Limonene	11 73	2.15	1024	1030	6216	citrus					
40	3-Ethyl-2-methyl-1.3-hexadiene	11.75	2.57	1024	1031	912	NF					
Furans												
48	2-n-Butyl furan ^d	8.80	2.04	884	893	9053	mild fruity wine					
49	2-Pentyl-furan d	10.93	2.04	985	993	8130	fruity green earthy					
	2-1 Citty1-101a11	10.75	2.00	200	275	0100	many, green, earnly					

^a Retention index (RI) is calculated in this study. ^b RI is referred from the NIST database. ^c odor description is adopted from the database (http://www.thegoodscentscompany.com/index.html). ^d confirmed by authentic standards. NF means not found in references and databases.



Figure 1. Multivariate statistical analysis of the volatiles during foxtail millet germination: (**A**) principal component analysis (PCA) score plot; (**B**) Partial least squares-discriminate analysis (PLS-DA) score plot, $R^2 X = 0.523$, $R^2 Y = 0.827$, $Q^2 = 0.778$; (**C**) Cross-validation plot of the PLS-DA model with 100 permutation tests (intercepts of R^2 and Q^2 are 0.306 and -0.268, respectively); (**D**) PLS-DA loading plot (black triangles with boxes represented most differential metabolites). jg, jgs, and jg12–96 represented the raw brown millet, soaked brown millet, and germinated millet, respectively.

A heatmap was applied to show the variation content of the differential volatiles during millet germination. Green indicated that the volatile level was less than the mean level in all samples, whereas red indicated that the volatile level was higher than the mean level (Figure 2). The volatiles were clustered into two groups named group A and group B during millet germination. Interestingly, group A mainly containing ketones, aldehydes, alcohols, and furans began to accumulate at the 24-h germination stage, whereas group B mainly containing the alkanes and alkenes began to accumulate at the soaking stage. The variation patterns were agreed to a previous study that the volatiles were also increased in germinated brown rice [2]. The volatiles during millet germination are produced from the oxidation of the fatty acid [18]. At the soaking stage, the main volatile compounds were alkanes and alkenes. The reason might be due to the anaerobic environment of the soaking stage because both the alkanes and alkenes are do not have the oxygen atom. The alkanes and alkenes have gasoline-like odors with high thresholds. Therefore, these compounds might not be contributors to the smells of the germinated millet. After 24-h germination, the millet had a stronger odor than the soaked millet, which was due to the increase of the volatiles of ketones, aldehydes, alcohols, and furans. These volatiles have more diverse odors than alkanes and alkenes and are mainly produced from unsaturated fatty acids.



Figure 2. A heatmap of the contents of volatiles during germination of foxtail millet. The data were auto-scaled and clustered according to the Pearson correlation coefficients. Green colors indicated that the volatile level was less than its mean level during millet germination, while red colors indicated that the volatile level was higher than its mean level. Group A mainly contained ketones, aldehydes, alcohols, and furans, whereas group B mainly contained alkanes and alkenes. jg, jgs, and jg12–96 represented the raw brown millet, soaked brown millet, and germinated millet, respectively.

2.2. Variations of the Fatty Acid during Germination of the Foxtail Millet

To investigate the relationship between the volatiles and fatty acids, six fatty acids were determined during the foxtail millet germination. Among them, palmitic acid, stearic acid, oleic acid, linoleic acid, and linolenic acid are the main compositions of the foxtail millet [19,20]. The contents of all the fatty acids (except palmitic acid) changed non-significantly after soaking, whereas they dramatically increased after 36-h germination and reached the maximum at 60-h germination (Figure 3). The same variation trend also takes place in the germination of peanut [4] and flaxseed [9]. The increase of the fatty acid might be due to the hydrolysis of the glyceride. The activity of lipase was increased during the seed germination (Figure S1), and results in the glyceride decreased [9]. However, after 60-h germination, the contents of the fatty acids began to decrease. The decrease of the fatty acid might be due to the provide adenosine triphosphate (ATP) for millet germination.



Figure 3. Variations in the contents of the fatty acids (mg kg⁻¹) during millet germination. The significance of the differences (different letters) was determined at p < 0.05. Data were shown as the mean \pm SD values (n = 3). jg, jgs, and jg 12–96 represented raw brown millet, soaked brown millet, and germinated millet for 12, 24, 36, 48, 60, 72, 84, and 96 h, respectively.

2.3. Relationships between the Volatiles and Fatty Acid during Millet Germination

The increase of fatty acids may promote the increase of the volatiles. To further investigate the correlation of the volatiles and fatty acids during millet germination, a model experiment, which added the fatty acids (palmitic acid, palmitoleic acid, stearic acid, oleic acid, linoleic acid, and linolenic acid) to the crude enzymes, was designed to analyze the different volatiles based on a previous method with modifications [10].

Firstly, the volatiles produced by non-enzyme reactions must be excluded because the standard of unsaturated fatty acid is unstable during its storage and easily autooxidized. Treatment 1, which added the fatty acids to the phosphate buffer with heating 24 h at 37 °C, was used to estimate whether the volatiles were produced by the autooxidation of the fatty acids, or originally presented in the standard of fatty acid. Three fatty acids, linoleic acid, oleic acid, and palmitoleic acid, could be detected the volatiles in treatment 1 (Figure S2). It meant other fatty acids (palmitic acid, stearic acid, and linolenic acid) were stable during 24 h water bath. However, linolenic acid is also easily autooxidized. Thus, the volatiles detected in treatment 1 might be due to the autooxidation during long-time storage of the linoleic acid, oleic acid, and palmitoleic acid, and palmitoleic acid, oleic acid, oleic acid, and palmitoleic acid, and palmitoleic acid, storage of the linoleic acid, and palmitoleic acid rather than 24 h water bath.

In the treatment 1 of linoleic acid, 1-hexanol, 2-pentyl-furan, and 3-octen-2-one were detected and were higher in contents than the treatment 2 and 3, respectively. It meant that the three volatiles originally existed in the linoleic acid rather than the enzymatic oxidation. In contrast, in palmitoleic acid, heptanal, (*E*)-2-octenal, and (*E*)-2-nonenal in treatment 1 were higher than those in treatment 2 but less than those in treatment 3. This indicated that the three volatiles not only existed in palmitoleic acid but also could be generated by enzymatic oxidation. In oleic acid, (E)-2-octenal in treatment 2 was higher in content than treatment 1 and 3. It meant something could produce the (E)-2-octenal in crude enzymes while a high concentration of oleic acid could inhibit its produce.

Higher volatiles in treatment 3 than treatment 2 indicated that these volatiles were produced by the corresponding fatty acid. Treatment 3 was performed by adding the fatty acids to the crude enzymes while treatment 2 was the crude enzyme only. After 24 h reaction at 37 °C, only trace of volatiles could be detected from palmitic acid and stearic acid in treatment 3 compared to treatment 2 (Figure S3). This phenomenon might be due to the inhibition effect of the palmitic acid and stearic acid on the generation of the volatiles. Meanwhile, the results showed that the saturated fatty acid did not produce the volatiles during the foxtail millet germination.

In contrast, most volatiles were produced by unsaturated fatty acids (Figure 4). Six volatiles (2-heptanone, nonane, 2-pentyl-furan, 3-octen-2-one, hexanal, (E)-2-octenal) were significantly higher in linoleic acid in treatment 3 than in treatment 2, which indicated these volatiles could be produced by the linoleic acid. However, the formation of 2-pentyl-furan and 3-octen-2-one had been proved coming from the standard of linoleic acid according to the description above. Three volatiles, 1-octen-3-ol, benzeneacetaldehyde and 1-hexanol, were almost equally between the treatment 2 and treatment 3, which meant these volatiles did not come from the enzymatic oxidation of linoleic acid. In contrast, two volatiles (3-methyl-1-butanol and 2,3-butanediol) were at higher levels in treatment 2 than the treatment 3 of linoleic acid (Figure S4). The reason might be due to the inhibition effect of hydroperoxide on the generation of these two volatiles [21]. Similarly, 1-hexanol, heptanal, 2-pentyl-furan, (E)-nonenal, benzeneacetaldehyde, (E)-2-octenal, and undecane could be produced from the palmitoleic acid. (E)-nonenal, 2-pentyl-furan, undecane, and dodecane could be produced from the oleic acid. Nonane, decane, limonene, undecane, dodecane, and (E)-2-hexenal could be produced from the linolenic acid (Figure 4). The results also agreed to the previous study that hexanal, (*E*)-2-octenal, and 2-pentyl-furan are derived from linoleic acid, and (*E*)-2-hexenal is produced by the linolenic acid [10,22,23]. However, a previous study shows that the heptanal and 2-heptanone are produced from oleic acid [24], which is different from our results that these compounds were produced from palmitoleic acid. As the aldehydes, ketones, and alcohols present odors, and they are mainly produced by the palmitoleic acid, oleic acid, and linoleic acid, choosing the cultivar containing a low level of these fatty acids for germination might weak the bad odor of the germinated millet.

The hydroperoxides of unsaturated fatty acids were important intermediates to the formation of the volatiles. The hydroperoxide is formed through introducing dioxygen to the unsaturated fatty acids by lipoxygenase, and the 9- or 13-hydroperoxides are the most common compounds [10]. However, other hydroperoxides such as 8-, 10-, 12-, and 14-hydroperoxide also can be detected in minor components [25]. The cleavage position of the hydroperoxide decides the formation of the compounds. Two kinds of cleavage mechanism, heterolytic and homolytic, are involved in the degradation of the hydroperoxide [26]. The heterolytic is the cleavage between the carbon bearing the hydroperoxide group and the unsaturated carbon, and the formation of hexanal, 2-heptanone, hepatanal, and (*E*)-hexenal were proposed belonging to this kind of cleavage mode according to the previous descriptions (Figure 5) [26,27]. The formation of (*E*)-2-octenal, 3-octen-2-one, and 1-hexanol belonged to the hemolytic, which is the cleavage of the hydroperoxide between the carbon bearing the hydroperoxide group and the saturated carbon [26].

Figure 4. Model experiment to explain the generation of the volatiles from palmitoleic acid, oleic acid, linoleic acid, and linolenic acid. tr2 and tr3 represented treatment 2 and treatment 3, respectively. C16:1, C18:1, C18:2, and C18:3 represented palmitoleic acid, oleic acid, linoleic acid, and linolenic acid, respectively. The significance of the differences (different letters) was determined at p < 0.05. Data were shown as the mean \pm SD values (n = 3).

It was noteworthy that 2-pentyl-furan was increased in the palmitoleic acid, oleic acid, and linoleic acid in treatment 3. The 2-pentyl-furan has been widely detected in the oils with fruity, green, and earthy odor [28,29]. Previous studies report its formation is attributed to the oxidation of the unsaturated aldehydes that usually generated from the polyunsaturated fatty acid [28,30]. However, in our research, the 2-pentyl-furan also could be detected from monounsaturated fatty acids (palmitoleic acid and oleic acid) as well as the monounsaturated aldehydes (*(E)*-nonenal and *(E)*-2-octenal). Thus, their formations from the monounsaturated fatty acid need further investigations. Moreover, the alkanes and alkenes were also increased in treatment 3, especially in the linoleinic acid. Though these compounds are almost no contribution to the aroma of the germinated foxtail millet, they are commonly produced by the fatty acids [2,31]. However, to our best knowledge, the formation of the alkanes and alkenes from the unsaturated fatty acid is still unclear and need a further investigation.

Figure 5. Proposed formation pathways of the volatiles produced from linoleic acid (**A**) and palmitoleic acid (**B**).

3. Materials and Methods

3.1. Chemicals

Fatty acid methyl esters of palmitic acid (C16:0), palmitoleic acid (C16:1), stearic acid (C18:0), oleic acid (C18:1), linoleic acid (C18:2) and linolenic acid (C18:3), C₃-C₂₅ of n-alkanes, 2,3-butanedione, hexanal, (*E*)-2-hexenal, 1-octen-3-ol, 1-octen-3-one, 2-heptanone, (*E*)-2-octenal, and 1-hexanol were purchased from Sigma (St. Louis, MO, USA). 3-Octen-2-one, 2-n-butyl furan, heptanal, and (*E*)-2-nonenal were purchased from TCI (Tokyo, Japan). Benzeneacetaldehyde, 2,3-butanediol, 3-methyl-2-butanone, and benzaldehyde were obtained from RHAWN reagent corporation (Shanghai, China). 1-Penten-3-one and 3-methyl-1-butanol were purchased from J&K Scientific Ltd. (Beijing, China). Heptenal was purchased from Accustandard (New Haven, CT, USA). Diethyl ether, n-hexane, and petroleum ether were purchased from Yongda chemical reagent co. Ltd. (Tianjin, China). Boron trifluoride-methanol solution (14% BF3·methanol) was purchased from CNW technologies (Dusseldorf, Germany). Milli-Q water was used in this study (Millipore, Billerica, MA, USA).

3.2. Sample of Foxtail Millet

The seed of the foxtail millet (cultivar of Jigu 19) was harvested in Gaocheng district, Shijiazhuang City, Hebei, China, on 18 September 2018. The brown millet was made by removing the bran of the millet with the germ being reserved using a rice mill (SY88-TH, Ssang Yong Machinery industry co. Ltd., Incheon, Korea). The method of brown millet germination was according to a previous study with some modifications [7]. Briefly, 500 g brown millet was soaked in water for 12 h to absorb enough water, and germinated in a biochemical incubator (SPX, Linmaokeji co. Ltd., Beijing, China) at 25 °C with 60% humidity for 96 h. Every 12 h, the germinated millet was sampled. Finally, the total samples were divided into three batches: raw brown millet, soaked millet, and germinated millet for 12, 24, 36,

48, 60, 72, 84, and 96 h. All samples were immediately frozen with liquid nitrogen and then freeze-dried using vacuum freeze-drying equipment (D37520, Martin Christ, Osterode, Lower Saxony, Germany). The obtained samples were pulverized into powders with a pulverizer (IKA, Staufen, Germany) and stored at -20 °C for future use.

3.3. Determination of Volatiles Using HS-SPME-GC×GC-TOF/MS

The volatiles were measured using headspace solid-phase microextraction (HS-SPME)-GC×GC-TOF/MS. Before volatile extraction, the SPME fiber was preconditioned at 250 °C for 1 h in the injection port of the GC×GC-TOF/MS to activate the absorption ability. The SPME of the volatiles of the millet was performed according to the method described in a previous study [32]. Briefly, 1 g of sample was infused with 0.1 mL of pure water in a 20 mL vial with a screw cap, and the solution was heated in a water bath at 50 °C for 30 min. Accompanying with heating, the volatiles were absorbed by HS-SPME with a 50/30 µm divinylbenzene/carboxen/polydimethylsiloxane (DVB/CAR/PDMS) fiber (Supelco, Inc., Bellefonte, PA, USA) in an automatic headspace sampling system (CTC analytics, Zwingen, Switzerland). The SPME fiber was then introduced into the injector port of GC and kept for 5 min to allow thermal desorption of the volatiles. Each sample was tested in triplicate.

The parameters of the GC×GC-TOF/MS instrument (LECO Corporation, St. Joseph, MI, USA) were according to a previous study with slight modifications [33]. In brief, the injector temperature was 250 °C with splitless injection. A DB-5MS column ($30m \times 0.25mm$ i.d., $0.25 \mu m$ film thickness, Agilent Technologies, Santa Clara, CA, USA) was used for the first-dimension analysis. The initial temperature of the column oven was 35 °C for 2 min, and then it was heated at 8 °C/min to 220 °C and held for 5 min. The second-dimensional column was DB-17ht ($1.9 \text{ m} \times 0.1 \text{ mm i.d.}$, $0.10 \mu m$ film thickness, Agilent, Santa Clara, CA, USA) and + 10 °C above the first-dimension column. The flow rate of carrier gas (Helium, purity > 99.999%) was 1 mL/min. The ionization voltage was 70 eV (EI), and the ion source temperature was 230 °C. The interface temperature was 250 °C. The electron multiplier was at 1800 V and the mass scan range was *m*/*z* 33–600. After sample injection, the acquisition delay was 180 s.

3.4. Determination of Fatty Acid Using GC-FID

Fatty acid extraction and derivatization were conducted by a previous study with some modifications [34]. Briefly, 1 g of millet powder with 30 mL of diethyl ether and petroleum ether (1:1, v/v) were sufficiently mixed in a 50 mL centrifuge tube and shook for 2 h at 250 r/min using a shaker (MAXQ 4000, Thermo Scientific, Santa Clara, CA, USA). Then, the mixture was centrifuged at 4000 r/min for 10 min (centrifuge 3SR+, Thermo Scientific, CA, USA), and the supernatants were dried in a rotavapor at 35 °C (Buchi R215, Flawil, Switzerland). The dried residuals were re-dissolved in 1 mL of 14% BF₃-methanol solution and water-bathed at 80 °C for 2 min. The derivative reaction was terminated by placing it in the ice, and the fatty acid methyl ester was extracted by 2 mL n-hexane.

The fatty acid methyl esters of palmitic acid, palmitoleic acid, stearic acid, oleic acid, linoleic acid, and linolenic acid were determined by the method described in a previous study with slight modifications [34]. Briefly, it was performed with a GC-flame ionization detector (FID) (7820A, Agilent Technologies, Santa Clara, CA, USA). The injector temperature was 260 °C with splitless. A HP-INNOWAX column (30 m × 0.25 mm i.d., 0.25 μ m film thickness, Agilent Technologies, Santa Clara, CA, USA) was used for analysis. The initial temperature of the column oven was 50 °C, and then it was heated at 10 °C/min to 150 °C and held for 3 min. The oven was then heated at 4 °C/min to 205 °C for 1 min and at the rate of 8 °C/min to the final temperature of 235 °C for 2 min. The carrier gas (Nitrogen, purity > 99.999%) was at a constant flow rate of 1 mL/min. The detector temperature was 260 °C. The airflow and hydrogen flow were 400 and 30 mL/min, respectively. Finally, a total of six external standard calibration curves were generated to quantify fatty acids (Table S1).

3.5. Determination of the Activity of Lipase

The determination of the activity of lipase was according to a previous study with some modifications [35]. Briefly, 1.00 g brown millet powder was infused with 5 mL Tris-HCl (pH 7.5) for 1 h at 4 °C for extracting the crude enzymes, and then the mixture was centrifuged at 8000 r/min for 10 min (centrifuge 3SR+, Thermo Scientific, CA, USA). 1.5 mL supernatant was mixed with 1 mL KCl (0.5 mol/L), 1 mL CaCl₂ (5 mmol/L), 0.5 mL Tris-HCl, and 1 mL glycerol triacetate, and water-bathed at 37 °C for 1 h. Acetic acid would be produced through the catalysis of glycerol triacetate by lipase and was titrated with 0.05 mol/L NaOH solution using the phenolphthalein as indicator. 1 U of lipase was defined as the amounts of 0.01 mL NaOH (0.05 mol/L) was consumed by 1 g brown millet powder at 1 min.

3.6. Model Experiments to Explain the Relationship between the Volatiles and the Fatty Acids with Crude Enzymes

The crude enzymes were prepared according to the method described in a previous study with slight modifications [10]. Ten grams of each sample were mixed with 300 mL phosphate buffer (0.2 mol/L, pH 6.0 added 0.3 mL Triton X-100). The mixture was homogenized for 30 min (homogenizer, IKA T-25, Staufen, Germany), and the homogenate was centrifuged at 8000 r/min for 10 min (centrifuge 3SR+, Thermo Scientific, CA, USA). The supernatant containing the crude enzymes was stored at 4 °C for experiment use.

Palmitic acid, palmitoleic acid, stearic acid, oleic acid, linoleic acid, and linolenic acid were used as precursors of volatiles in the model experiments. The model experiment was performed in two parts in a 20 mL sealed vial (Figure 6). One part was used to exclude the volatiles originally existed in the fatty acid or produced by autooxidation of each fatty acid during 24 h water bath (treatment 1), and the other part was the enzymatic oxidation of each fatty acid (treatment 2 and 3). All treatments were water-bathed at 37 °C for 24 h and then stored at -20 °C for detecting the volatiles.

Figure 6. Experimental design to elucidate the relationships between the volatiles and fatty acids.

The volatile of the model experiment was detected using HS-SPME-GC-MS (7890A GC, 5975C MS, Agilent Technologies, Santa Clara, CA, USA). The parameters were the same as the method of HS-SPME-GC×GC-TOF/MS above, but only a DB-5MS column was used for analysis.

3.7. Data Treatment and Statistical Analysis

The data obtained by GC×GC-TOF/MS were processed using the LECO ChromaTOF software. The peak width of the 1st D and 2nd D was set to 25 and 0.1, respectively. The minimum S/N was set to 20 with mass range of 33–600 m/z, and the minimum similarity, reverse, and probability were set to 750, 750, and 1000, respectively. Total processing time was set to 33.875 min. The chemical structure was tentatively identified through comparison with database of "mainlib", "replib", and "nist_ri". After data preprocessing, the statistical comparison function in the ChromaTOF software was used to compare and integrate the obtained data to establish a peak list.

The principal component analysis (PCA) and partial least squares-discriminate analysis (PLS-DA) were performed with Simca-P software (version 11.5, Umetrics AB, Umeå, Sweden) with Pareto-scaling

(mean-centered and divided by the square root of SD). The PLS-DA was carried out by labeling the sample of jg as class 1, and other samples as class 2. The ions with variable importance in projection (VIP > 1) were used to screen the differential volatiles. A cluster analysis was conducted with a Pearson correlation after auto-scaling using MultiExperiment Viewer 4.9.0 software. One-way analysis of variance (ANOVA) was employed to analyze the significant difference in the contents of the fatty acids during millet germination using Duncan's multiple range tests at the level of p < 0.05 using the SPSS 21.0 software (IBM, Worcester, MA, USA).

4. Conclusions

Forty-nine volatiles containing 8 ketones, 10 aldehydes, 20 alkanes, 4 alcohols, 5 alkenes, and 2 furans were tentatively identified during germination of the foxtail millet and divided into two groups according to the period of germination. The alkanes and alkenes were mainly produced at the soaking stage, whereas the aldehydes, alcohols, and ketones were mainly produced at the germinating stage. The relationship between the volatiles and fatty acids was also analyzed by model experiments, and 17 volatiles were detected. The palmitic acid and stearic acid had no contribution to the formation of the volatiles, whereas the unsaturated fatty acid played important roles in the formation of volatiles. Among the unsaturated fatty acids, palmitoleic acid and linoleic acid produced most aldehydes, alcohols, and ketones, while linolenic acid produced the most alkanes and alkenes.

Supplementary Materials: The following are available online, Figure S1: Variation pattern of the lipase activity during foxtail millet germination. Figure S2: Volatiles are produced by the autoxidation of palmitoleic acid, linoleic acid, and oleic acid. Figure S3: Volatiles are produced by the enzymatic oxidation of palmitic acid and stearic acid. Figure S4: 3-Methyl-butanol and 2,3-Butanediol are not produced by the enzymatic oxidation of the palmitoleic acid, oleic acid, linoleic acid, and linolenic acid. Table S1: Calibration curves for quantification of the fatty acids.

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