SCIENTIFIC **Reports**

Received: 28 June 2016 Accepted: 03 October 2016 Published: 18 October 2016

OPEN Osterix represses adipogenesis by negatively regulating PPAR γ transcriptional activity

Younho Han¹, Chae Yul Kim¹, Heesun Cheong² & Kwang Youl Lee¹

Osterix is a novel bone-related transcription factor involved in osteoblast differentiation, and bone maturation. Because a reciprocal relationship exists between adipocyte and osteoblast differentiation of bone marrow derived mesenchymal stem cells, we hypothesized that Osterix might have a role in adipogenesis. Ablation of Osterix enhanced adipogenesis in 3T3-L1 cells, whereas overexpression suppressed this process and inhibited the expression of adipogenic markers including CCAAT/enhancerbinding protein alpha (C/EBP α) and peroxisome proliferator-activated receptor gamma (PPAR γ). Further studies indicated that Osterix significantly decreased PPAR γ -induced transcriptional activity. Using co-immunoprecipitation and GST-pull down analysis, we found that Osterix directly interacts with PPAR₂. The ligand-binding domain (LBD) of PPAR₂ was responsible for this interaction, which was followed by repression of PPAR γ -induced transcriptional activity, even in the presence of rosiglitazone. Taken together, we identified the Osterix has an important regulatory role on PPAR₂ activity, which contributed to the mechanism of adipogenesis.

Obesity, characterized by excessive fat deposition due to an energy imbalance between energy intake and expenditure, is a prevalent nutritional disorder, which tends to increase the risk of cardiovascular diseases, diabetes, and several types of cancer^{1,2}. Obesity is a worldwide epidemic, with the prevalence of this condition steadily rising³. Therefore, there is a major need for therapeutic anti-obesity products that are proven to be safe and effective.

Obesity is also biologically defined as an excess adipose tissue mass, resulting from increased adipocyte numbers (hyperplasia) and increased adipocyte size (hypertrophy)⁴. Adipogenesis, the differentiation of mesenchymal stem cells into preadipocytes and the subsequent development into mature adipocytes, determines the number of adipocytes present in an organism⁵. Therefore, regulatory processes involved in adipogenesis are pivotal for obesity progression. To understand this process, the 3T3-L1 cell line has been established. In this model, confluent 3T3-L1 preadipocytes differentiate into adipocytes in response to hormonal stimulation and specific experimental conditions⁶. A cascade of sequential transcriptional factor activation is associated with regulatory events during adipogenesis. The earliest inductive event is driven by the concerted action of C/EBPβ and C/ EBPô in response to adipogenic stimuli in a combination with insulin, dexamethasone, and IBMX. These C/EBP transcription factors then stimulate expression of PPAR γ and C/EBP α^7 . PPAR γ and C/EBP α are major transcriptional activators that regulate each other to sustain their activity and induce adipocyte-specific gene activation to advance the formation of mature adipocytes8.

Osterix/Sp7, a zinc finger transcription factor, is commonly expressed in osteoblasts to enhance osteoblast differentiation and is required for proper osteoblast maturation during skeletal development⁹. Its expression is modulated by various factors, including insulin-like growth factor-I (IGF-I), bone morphogenetic proteins (BMPs), Msx2, and Runx2 during osteoblast differentiation^{10,11}. Osterix interacts with the nuclear factor of activated T (NFAT) cells to form a complex, enhancing osteoblastic bone formation by activating the collagen type I α 1 promoter¹². Furthermore, Osterix deficient mice do not exhibit bone formation and are completely devoid of osteoblasts⁹. This suggests an indispensable function of Osterix in osteoblastogenesis.

Multipotent mesenchymal stem cells can differentiate into specific cell types including osteoblasts, adipocytes, skeletal myoblasts, chondrocytes, and fibroblasts that comprise connective tissue¹³. Differentiation into diverse cell lineages is regulated by several signaling pathways, various hormones, and different local factors¹⁴.

¹College of Pharmacy & Research Institute of Drug Development, Chonnam National University, Gwangju, Republic of Korea. ²Research Institute, National Cancer Center, 323 Ilsan-ro, Ilsandong-gu, Goyang-si, Gyeonggi-do 410-769, South Korea. Correspondence and requests for materials should be addressed to H.C. (email: heesunch@ncc.re.kr) or K.Y.L. (email: kwanglee@chonnam.ac.kr)



Figure 1. Expression of Osterix during adipogenesis in 3T3-L1 cells. (A,B) Adipogenesis of 3T3-L1 cells was induced with MDI. The mRNA and protein levels of Osterix (Osx), C/EBP β , C/EBP α , and PPAR γ at were compared at different time-points by RT-PCR and immunoblotting. *Gapdh* and α -tubulin were used as loading controls. Gene expression was quantified after 25 (*Gapdh*), 30 (*Osterix*, *C/ebp\alpha, and Ppar\gamma*), and 35 cycles (*C/ebp\beta*) of PCR. For C/EBP β , liver-activating protein (LAP) and liver-inhibitory protein (LIP) are indicated.

Previous studies have revealed that several transcription factors regulate the determination of cell fate. In addition, accumulating evidence has demonstrated lineage switching, a large degree of cell plasticity, and a reciprocal relationship between cell lineages, during differentiation^{15–17}. Down-regulation of Runx2, a master regulatory gene essential for osteoblasts, was shown to contribute to the acceleration of adipogenesis in 3T3-L1 cells¹⁸. In addition, nuclear factor I-C (NFI-C) was shown to stimulate osteoblast differentiation and new bone formation, while repressing adipogenesis via regulation of Osterix¹⁹, indicating that Osterix might have a negative role in adipogenesis. In the present research, we attempted to elucidate the functional roles of Osterix during adipogenesis by measuring the expression level of Osterix and the effect of Osterix overexpression and knockdown in 3T3-L1 cells. Finally, the regulatory mechanism of Osterix to PPAR_γ-mediated transcriptional activity was confirmed.

Results

Osterix is upregulated during the later stages of adipogenesis. To investigate the potential role of Osterix in adipogenesis, 3T3-L1 cells were used. This cell line completely reproduces the process of adipogenesis, with accompanying morphological changes and expression of adipogenic genes, and is thus a well-used and well-characterized *in vitro* model system. The pattern of Osterix abundance was examined by RT-PCR and western blotting in 3T3-L1 preadipocyte cells grown in adipogenic medium for 8 days. Our results indicated that *Osterix* mRNA was significantly increased from day 5 after treatment with adipogenic stimuli, reaching a maximum at the end of differentiation (Fig. 1A). As previously reported, the mRNA level of *Ppar* γ and *C/ebp* α , which are transcription factors in the later stage of adipogenesis, was increased during the process of 3T3-L1 cell differentiation. In addition, the level of Osterix protein also steadily increased in a similar manner (Fig. 1B). These data demonstrate that the abundance of Osterix is increased during the later stages of adipogenic differentiation in 3T3-L1 cells.

Overexpression of Osterix represses 3T3-L1 adipogenesis. To determine the effect of Osterix on adipogenesis, 3T3-L1 cells were transiently transfected with Myc-tagged Osterix. Cells were then induced to differentiate into adipocytes with adipogenic medium for 8 days. At the end of differentiation, expression levels of various adipogenic markers were confirmed using real-time PCR and western blotting. Among the genes examined, the mRNA levels of *Ppary*, *ap2*, *Adiponectin*, and *Glut4* were significantly attenuated in Osterix-overexpressing cells compared to that of control cells, whereas the abundance of *Glut1* was relatively unaffected by Osterix overexpression (Fig. 2A). Western blotting results showed that Osterix overexpression downregulated the abundance of C/EBP α and PPAR γ proteins, which are the key transcription factor in adipogenesis (Fig. 2B). Moreover, oil red O staining on day 8 indicated that Osterix overexpression considerably suppressed the accumulation of lipid droplets (Fig. 2C). These results demonstrate that Osterix has an inhibitory role during 3T3-L1 adipogenesis.

Knockdown of Osterix promotes 3T3-L1 adipogenesis. To directly define the regulatory role of endogenous Osterix during adipogenesis, Osterix abundance was suppressed by shRNA, which was confirmed by quantitative real-time PCR and western blotting. Knockdown of Osterix promoted mRNA and protein abundance of some adipocyte-specific genes (Fig. 3A,B). Consistent with Osterix overexpression results, the level of *Glut1* was relatively unaffected by knockdown of Osterix. Moreover, lipid accumulation examined by oil red O staining was enhanced by Osterix knockdown (Fig. 3C). These data suggest that Osterix knockdown advances the adipogenic differentiation of 3T3-L1 cells.



Figure 2. Overexpression of Osterix inhibits adipogenesis in 3T3-L1 cells. 3T3-L1 cells were transfected with empty vector (Con) or Myc-Osterix expressing plasmid (Osx). Cells were then cultured in adipogenic medium for 8 days. (A) The mRNA expression of Osterix, Ppar γ , ap2, Adiponectin, Glut4, and Glut1 was determined by real-time PCR and normalized to Gapdh. (B) The protein expression of Osterix, C/EBP β , C/EBP α , and PPAR γ was confirmed by immunoblotting. α -tubulin was used as a loading control. For C/EBP β , liver-activating protein (LAP) and liver-inhibitory protein (LIP) are indicated. (C) Oil red O staining of lipid droplets in 3T3-L1 cells was performed at day 8 after adipogenic induction. The lipid accumulation was quantified by measuring the OD_{530 nmr} *P < 0.05 and **P < 0.01 when compared to the control (Con); Student's *t*-test, n = 3.

Osterix inhibits PPAR γ **-induced transcriptional activity.** Because Osterix was determined to have an important role in PPAR γ expression, we proposed that PPAR γ , a master transcription factor, is a potential target of Osterix during adipogenesis. To determine if Osterix could regulate PPAR γ -induced transcriptional activity, 3T3-L1 cells were co-transfected with Osterix and PPAR γ along with aP2-Luc or PPRE-Luc reporter. Both aP2-Luc and PPRE-Luc luciferase reporters contain PPAR γ -responsive elements. As expected, PPAR γ alone significantly induced the expression of aP2-Luc or PPRE-Luc reporter. When Osterix and PPAR γ were co-expressed, Osterix significantly repressed PPAR γ -induced transcriptional activity in a dose-dependent manner (Fig. 4A,B). To further investigate the inhibitory effect of endogenous Osterix, we investigated the effect of Osterix knockdown on the activity of the luciferase reporter. Compared to control, knockdown of Osterix enhanced PPAR γ transcriptional activity in a dose-dependent manner (Fig. 4C,D). Taken together, these results indicate that Osterix inhibits the transcriptional activity of PPAR γ .

The ligand-binding domain of PPAR γ is involved in its interaction with Osterix. The above results imply the possibility of physical interaction between Osterix and PPAR γ . Therefore, we further analyzed if the inhibitory effect of Osterix on PPAR γ -induced transcriptional activity was due to physical interaction



Figure 3. Knockdown of Osterix enhances adipogenesis in **3T3-L1** cells. **3**T3-L1 cells were transfected with an empty pSuper vector (shCon), or pSuper-Osterix (shOsx). Cells were then cultured in adipogenic medium for 8 days. (**A**) The mRNA expression of *Osterix, Ppary, ap2, Adiponectin, Glut4*, and *Glut1* was determined by real-time PCR and normalized to *Gapdh*. (**B**) The protein expression of Osterix, C/EBP β , C/EBP α , and PPAR γ was confirmed by immunoblotting. α -tubulin was used as a loading control. For C/EBP β , liver-activating protein (LAP) and liver-inhibitory protein (LIP) are indicated. (**C**) Oil red O staining of lipid droplets in 3T3-L1 cells was performed at day 8 after adipogenic induction. The lipid accumulation was quantified by measuring the OD_{530 nm}. **P* < 0.05 and ***P* < 0.01 when compared to the control (shCon); Student's *t*-test, *n* = 3.

.....

between these two proteins using co-immunoprecipitation (co-IP). Epitope-tagged Osterix interacted with overexpressed PPAR γ in 3T3-L1 cells, but overexpressed GFP did not interact (Fig. 5A). Endogenous PPAR γ , in MDI-stimulated 3T3-L1 cells, also interacted with overexpressed Osterix (Fig. 5B). To determine the domains of PPAR γ responsible for the interaction with Osterix, we performed co-IP using Osterix and various PPAR γ deletion mutants (Fig. 5C). When overexpressed in 3T3-L1 cells, the ligand-binding domain (PPAR γ -LBD) of PPAR γ interacted with Osterix, whereas the activation function 1 domain (PPAR γ -AF1) and DNA binding domain (PPAR γ -DBD) did not interact (Fig. 5D). We also examined the interaction between purified Osterix and PPAR γ deletion mutants overexpressed in 3T3-L1 cells. Purified GST-tagged Osterix pulled down full-length PPAR γ and PPAR γ -LBD, but not PPAR γ -AF1 or PPAR γ -DBD (Fig. 5E). These results suggest the possibility of a direct interaction between Osterix and the PPAR γ LBD.





Osterix represses rosiglitazone-induced adipogenesis. As the above results indicated that the LBD of PPAR γ interacted with Osterix, we hypothesized that Osterix could alter the ligand binding affinity of PPAR γ . To examine this, we performed the following experiments using rosiglitazone, well known PPAR γ agonist that stimulates adipogenesis via the activation with PPAR γ^{20} . As shown in Fig. 6A, rosiglitazone significantly enhanced mRNA production of various adipogenic markers including *Ppar\gamma, ap2, Adiponectin,* and *Glut4*, and the expression of these factors was reduced by Osterix overexpression. In addition, the results of luciferase reporter assays showed that PPAR γ -induced transcriptional activity was further enhanced upon stimulation by rosiglitazone, and Osterix effectively suppressed PPAR γ transcriptional activities even in the presence of rosiglitazone (Fig. 6B,C). Furthermore, Osterix-knockdown increased PPAR γ -induced, rosiglitazone-stimulated reporter expression (Fig. 6D,E). Clearly, these results imply that Osterix has the ability to suppress rosiglitazone-induced adipogenesis.

Discussion

In this study, we demonstrated the following. First, Osterix exerts a negative regulatory effect on adipogenesis of 3T3-L1 preadipocytes. Second, abundance of Osterix is increased at the later stage of adipogenesis, and Osterix knockdown enhances adipogenesis in 3T3-L1 cells. Third, Osterix represses PPAR γ -induced transcriptional activity through direct physical interactions between these proteins. Fourth, the LBD of PPAR γ is required for the interaction with Osterix, and finally, the ligand binding affinity of PPAR γ is regulated by the action of Osterix (Fig. 7). These results demonstrate that Osterix is a negative modulator of transcriptional regulation, important for adipogenesis.

Adipogenesis requires both the down-regulation of adipogenic inhibitors and the induction of the pre-adipogenic factors, and is regulated by a cascade of adipogenic transcription factors, which include CCAAT-enhancer binding protein (C/EBP- α , - β and - δ) and peroxisome proliferator-activated receptor gamma (PPAR γ)²¹. Upon stimulation with adipogenic conditions, preadipocyte cells begin the adipogenic differentiation cascade with the expression of C/EBP β within several hours, followed by an induction of PPAR γ and C/EBP α



Figure 5. The LBD of PPAR γ is involved in the interaction with Osterix. (A) 3T3-L1 cells were transfected with indicated expression plasmids. To examine the binding of Osterix and PPAR γ , whole cell extracts were prepared and co-immnunoprecipitation was performed using HA antibody with subsequent western blotting using Myc or HA antibodies. (B) 3T3-L1 cells were transfected with Myc-Osterix plasmid or empty Myc vector. Cells were then cultured in MDI-containing differentiation medium for 3 days. The interaction between endogenous PPAR γ and overexpressed Osterix is examined by IP using a PPAR γ antibody followed by IB using a Myc antibody. (C) To identify the PPAR γ domain that interacts with Osterix, a deletion construct of PPAR γ was constructed. A depiction of the construct is shown here. (D) 3T3-L1 cells were transfected with indicated expression plasmids. To examine the binding of Osterix to the AF1, DBD, and LBD of PPAR γ , co-immunoprecipitation assays were performed using a Myc antibody and western blotting was performed with Myc or HA antibodies. (E) Identification of the PPAR γ domain that interacts with Osterix *in vitro*. The purified HA-tagged PPAR γ deletion constructs were incubated with GST-Osx in separate incubation reactions and the bound proteins were identified by western blot analysis. Additionally, expression of GST proteins was confirmed by Ponceau S staining.

expression²². PPAR γ and C/EBP α cooperatively activate the expression of adipogenic genes to further promote the formation of a mature adipocyte²³. In our data, the expression of these factors was decreased upon Osterix



Figure 6. Osterix represses rosiglitazone-induced adipogenesis. (A) 3T3-L1 cells were transfected with an empty vector or Myc-Osterix expression plasmid. Cells were then cultured with or without 1 μ M rosiglitazone (RSG) for 8 days. The mRNA expression of *Ppar* γ , *ap2*, *Adiponectin*, and *Glut4* was determined by real-time PCR and normalized to that of *Gapdh*. **P* < 0.05 compared to the control. **P* < 0.05 compared to samples treated only with rosiglitazone (RSG); ANOVA–Bonferroni *post hoc* test, *n* = 3. (**B**,**C**) 3T3-L1 cells were co-transfected with indicated combinations of HA-PPAR γ (0.2 μ g) and Myc-Osterix (0.2 μ g) along with PPRE-Luc or aP2-Luc reporters. (**D**,**E**) 3T3-L1 cells were co-transfected with indicated combinations of HA-PPAR γ (0.2 μ g) and shRNA to Osterix (0.2 μ g) along with PPRE-Luc or aP2-Luc reporter. After transfection (24 h), cells were treated with or without 1 μ M rosiglitazone (RSG) and cultured for additional 12 h. The expression of the reporter was measured using a luciferase assay. **P* < 0.05, ***P* < 0.01, and ****P* < 0.001; Student's *t*-test, *n* = 3.

overexpression (Fig. 2B). In addition, our findings indicate that Osterix can negatively regulate the transcriptional activity of PPAR γ (Fig. 4). This may explain the decreased adipogenic differentiation in 3T3-L1 cells with overexpression of Osterix (Fig. 2C). Various intracellular signaling molecules act as anti-adipogenic factors, including Wnt10b, GATA2, 3, CHOP, and Pref-1²⁴⁻²⁷. The levels of all of these molecules are high in preadipocyte cells but are downregulated upon adipogenic stimuli at an early stage of differentiation. Interestingly, unlike previously



R: rosiglitazone, AF-1: activation function 1, DBD: DNA binding domain, LBD: Ligand binding domain

Figure 7. Working model for the regulatory effect Osterix in adipogenesis. Osterix down-regulated expression and transcriptional activity of PPAR γ in the presence of rosiglitazone by direct interaction with ligand-binding domain (LBD) of PPAR γ , and ultimately repressed adipogenesis.

reported anti-adipogenic factors, Osterix was not detected in preadipocytes, but was expressed at the later stage of differentiation (Fig. 1), suggesting that Osterix negatively regulates adipogenesis by repressing the PPAR γ activity and inhibiting additional progression of differentiation.

In previous studies, it was shown that Osterix directly interacts with various proteins such as NO66 and RNA helicase A to modulate the functional activity of each protein^{28,29}. In our data, the negative regulation of PPAR γ activity by Osterix was supported by the physical interaction between these two proteins (Fig. 5A,B). PPAR γ contains modular functional domains including an N-terminal transactivation domain (AF1), which is ligand-independent, a highly conserved DNA-binding domain (DBD), and a C-terminal ligand-binding domain (LBD). The LBD is responsible for the ligand-dependent transactivation function (AF2) that regulates ligand-dependent activation via interaction with receptor co-activators^{30,31}. Among these domains, only the LBD of PPAR γ was involved in the interaction with Osterix (Fig. 5D,E), indicating that Osterix could affect the ligand binding affinity of PPAR γ . Indeed, Osterix overexpression suppressed rosiglitazone-induced expression of several adipogenic genes (Fig. 6A). In addition, further upregulation of PPAR γ transcriptional activity in the presence of rosiglitazone was regulated by Osterix (Fig. 6B–E). These results suggest that Osterix could affect the ligand binding affinity PPAR γ .

Mesenchymal stem cells have the potential to differentiate into osteoblasts, adipocytes, myocytes, and chondrocytes³², and accumulating evidence from other studies suggests that there are is a close relationship between osteoblasts and adipocytes during development³³. Previous studies have suggested that master transcription factors, Runx2 and PPAR γ , in osteoblasts and adipocytes respectively, are involved in the regulation of reciprocal differentiation processes. PPAR γ haploinsufficiency in bone marrow progenitor cells enhances bone mass by stimulating osteoblast differentiation³⁴. In contrast, Runx2-deficient calvarial cells fail to acquire osteoblastic phenotypes, but show enriched adipocyte differentiation potential³⁵. Meanwhile, as a second transcription factor that is essential for osteoblast differentiation, repression of Osterix by dexamethasone committed to adipogenic differentiation in rat calvaria-derived cells³⁶. In addition, it has been elucidated that a primate-specific microRNA targeting Osterix maintains adipocytes and osteoblast in the differentiation of human mesenchymal stem cells³⁷. Integrating previous investigation with present our study, it can be proposed that Osterix has an important role a negative regulator of adipocyte differentiation.

In conclusion, the present study provides that Osterix directs an anti-adipogenic effect through the down-regulation of PPAR γ expression and transcriptional activity. Given the above, it will be significant to elucidate the mechanisms controlling Osterix expression, which could lead to further identification of the mechanism that regulates adipogenesis.

Materials and Methods

Cell culture and Adipogenic differentiation in 3T3-L1 preadipocytes. Mouse preadipocyte 3T3-L1 cell line was grown in Dulbecco's modified Eagle medium (DMEM, Life Technologies, Carlsbad, CA, USA) containing 10% bovine serum (BS, Gibco Invitrogen, Carlsbad, CA, USA) and 1% antibiotic-antimycotic (Thermo Fisher). Two-day postconfluent (day 0) cells were induced to differentiate with mixture of 0.5 mM 3-isobutyl-1-methylxanthine (Sigma, St. Louis, MO, USA), 1 μ M dexamethasone (Sigma), and 10 μ g/mL insulin (Sigma) in DMEM supplemented with 10% fetal bovine serum (FBS, Gibco Invitrogen) for two days. At this time, the

	Gene	Primer sequence $(5' \rightarrow 3')$
PCR	Osterix	(F) 5'-GGC ACA AAG AAG CCG TAC TC-3'
		(R) 5'-GCC TTG TAC CAG GAG CCA TA-3'
	C/EBP _β	(F) 5'-AGC CCC TAC CTG GAG CCG CT-3'
		(R) 5'-GCG CAG GGC GAA CGG GAA AC-3'
	C/EBPa	(F) 5'-TGC TGG AGT TGA CCA GTG AC-3'
		(R) 5'-AAA CCA TCC TCT GGG TCT CC-3'
	$PPAR\gamma$	(F) 5'-ATC AGC TCT GTG GAC CTC TC-3'
		(R) 5'-ACC TGA TGG CAT TGT GAG AC-3'
	GAPDH	(F) 5'-ACC ACA GTC CAT GCC ATC AC-3'
		(R) 5'-TCC ACC ACC CTG TTG CTG TA-3'
qPCR	Osterix	(F) 5'-AGC GAC CAC TTG AGC AAA CAT-3'
		(R) 5'-GCG GCT GAT TGG CTT CTT CT-3'
	PPARy	(F) 5'-GCC CTT TGG TGA CTT TAT GGA-3'
		(R) 5'-GCA GCA GGT TGT CTT GGA TG-3'
	aP2	(F) 5'-GAA CCT GGA AGC TTG TC-3'
		(R) 5'-CGT GAC TTC CAC AAG AGT-3'
	Adiponectin	(F) 5'-CCC AGG ACA TCC TGG CCA CAA-3'
		(R) 5'-CCT TCA GCT CCT GTC ATT CCA-3'
	GluT4	(F) 5'-GTA ACT TCA TTG TCG GCA TGG-3'
		(R) 5'-AGC TGA GAT CTG GTC AAA CG-3'
	GluT1	(F) 5'-TCA ACA CGG CCT TCA CTG-3'
		(R) 5'-CAC GAT GCT CAG ATA GGA CAT C-3'
	GAPDH	(F) 5'-AGG TCG GTG TGA ACG GAT TTG-3'
		(R) 5'-GGG GTC GTT GAT GGC AAC A-3'

Table 1. Sequences of primers used for PCR.

medium consisting of DMEM with 10% FBS subsequently replaced every two days. Cells were observed for the accumulation of lipid droplets until day 8.

Plasmids. For plasmids expressing Myc-Osterix, full length Osterix (mouse, 1287 bp: NCBI Reference Sequence: NP_569725.1) was subcloned with a Myc tag into CMV promoter-derived mammalian expression vector (pCS4). For plasmids expressing HA-PPAR γ , full length PPAR γ was subcloned with a HA tag into pCS4. Deletion of PPAR γ was constructed by PCR-based mutagenesis method and confirmed by DNA sequence analysis. The HA-GFP plasmid was generously provided by Dr. Chang-Yeol Yeo (Ewha University, Seoul, Korea). The constructs for aP2-Luc³⁸ and PPRE-Luc³⁹ are described previously. For Osterix knockdown experiments, small hairpin RNA (shRNA) oligonucleotides were constructed by targeting a 19-base pair sequence (GT CTA CAC TTC CCT GGA TA) of the mouse Osterix gene. Annealed oligonucleotides were subcloned into the pSUPER. retro.puro vector (Oligoengine).

Materials. Anti-C/EBP β (04-1153) and anti-C/EBP α (04-1104) antibodies were purchased from Upstate Biotechnologies (Lake Placid, NY, USA). Anti-Osterix (sc-22538), anti-Myc (sc-40), anti-HA (sc-57592), and anti- α -tubulin (sc-53646) antibodies were obtained from Santa Cruz Biotechnology (Santa Cruz, CA, USA). Anti-PPAR γ was purchased from Chemicon International Inc. (MAB3872, Temecula, CA, USA). Insulin (I2643), dexamethasone (D4902), 3-isobutyl-1-methylxanthine (I5879), and rosiglitazone (R2408) were purchased from Sigma (St. Louis, MO).

Transient transfection and luciferase reporter assays. 3T3-L1 cells were transfected by polyethyleneimine (PEI; Polysciences, Inc.). The total amount of transfected plasmids in each group was normalized by adding an empty vector. For luciferase reporter assays, cells were transfected with indicated combinations of $0.2 \,\mu g$ of luciferase reporter plasmid (PPRE-Luc or aP2-Luc), $0.1 \,\mu g$ of pCMV- β -gal plasmid, and $0.2 \,\mu g$ of expression vectors (HA-PPAR γ , Myc-Osterix, or shOsx). PPRE-Luc contains the consensus PPAR responsive element (PPRE) and aP2-Luc contains the promoter region of the adipocyte fatty acid binding protein (*aP2*) gene that includes PPREs. pCMV- β -gal was co-transfected to normalize transfection efficiency. After 36 h, the cells were lysed and subjected to measure luciferase activities using the Luciferase Reporter Assay Kit (Promega, Madison, WI, USA).

Oil red O staining of 3T3-L1 cells. On day 8, the extent of adipogenesis was measured by oil red O staining. Briefly, cells were washed three times with phosphate-buffered saline (PBS) and fixed for 30 min with 4% paraformaldehyde in PBS. After three times wash with PBS, fixed cells were incubated with 0.5% oil red O in isopropanol for 30 min using an adequate shaker. Cells were washes with PBS and were photographed under a light microscope for analysis. Oil red O dyes were dissolved in isopropanol and lipid accumulation was quantified by measuring the absorbance at 510 nm using a spectrophotometer.

mRNA expression analysis. Total RNA was extracted using RNAiso Plus (Total RNA extraction reagent, Takara) and Oligo (dT) primers and reverse transcriptase (Promega) were used to synthesize cDNA. PCR were performed using the synthesized cDNA. The below conditions were applied for PCR: pre-denaturation at 95 °C for 5 min, 25–35 cycles of denaturation at 95 °C for 30 sec, annealing at a specific temperature optimized for each primer pair for 30 sec, extension at 72 °C for 30 sec-1 min, and a final extension at 72 °C for 10 min. Real-time PCR was performed using SYBR Premix Ex Taq kit (TaKaRa Bio, Japan) and a CFX96 real-time PCR System. Samples were incubated at 95 °C for 30 s followed by 40 cycles at 95 °C for 5 and 60 °C for 30 s. Expression level of GAPDH (glyceraldehyde 3-phosphate dehydrogenase) was used as an internal control to normalize mRNA expression. The primers sequences used for PCR are listed in Table 1.

Immunoblotting and immunoprecipitation. After transfection (36 h), cells were washed with PBS and lysed in a lysis buffer (1% NP-40, 25 mM HEPES (pH 7.5), 10% glycerol, 150 mM NaCl, 25 mM NaF, 0.25% sodium deoxycholate, 1 mM EDTA, 1 mM Na₃VO₄, 10 μ g/mL aprotinin, 10 μ g/mL leupeptin, and 250 μ M phenylmeth-anesulfonyl fluoride). For immunoblotting (IB), Aliquots from the cell lysates containing 30 μ g of protein were heated at 95 °C for 5 min and were then separated using SDS-PAGE, and proteins were transferred to PVDF membrane. Blots were blocked for 30 min with Tris-buffered saline (50 mM Tris.HCl, pH 7.4, 150 mM NaCl)-0.05% Tween 20 (TBS-T) supplemented with 5% skim milk. Proteins were visualized using appropriate primary antibodies, horseradish peroxidase-conjugated secondary antibodies, and Immobilon Western Chemiluminescent HRP Substrate (Merck Millipore, Billerica, MA, USA). The visualized membranes were stripped after Western blotting with stripping buffer (0.5 M glycine (pH 2.0) and 10% SDS), followed by re-blocking in TBS-T with 5% milk for 30 min. Detection of α -tubulin was performed as loading control. For immunoprecipitation (IP), centrifuged lysate supernatants were subjected to IP with appropriate antibodies and protein A Sepharose beads. The immunoprecipitated proteins were subjected to SDS-PAGE and visualized by IB.

Statistical analysis. For quantification of IB and RT-PCR results, band intensities were measured using Multi Gauge, V3.0 image analysis software (FUJIFILM, Tokyo, Japan). The results were expressed as the means \pm SD. We determined the statistical significance of the difference between experimental groups in instances of single comparisons by the two-tailed unpaired Student's t-test of the means. For multiple means comparisons, one-way analysis of variance (ANOVA) with the Bonferroni post hoc test using Sigma plot.

References

- 1. Guh, D. P. *et al.* The incidence of co-morbidities related to obesity and overweight: a systematic review and meta-analysis. *BMC Public Health* **9**, 88, doi: 10.1186/1471-2458-9-88 (2009).
- 2. Kopelman, P. G. Obesity as a medical problem. Nature 404, 635-643 (2000).
- 3. Bray, G. A. & Tartaglia, L. A. Medicinal strategies in the treatment of obesity. Nature 404, 672–677, doi: 10.1038/35007544 (2000).
- Otto, T. C. & Lane, M. D. Adipose development: From stem cell to adipocyte. Critical Reviews in Biochemistry and Molecular Biology 40, 229–242, doi: 10.1080/10409230591008189 (2005).
- 5. Hausman, D. B., DiGirolamo, M., Bartness, T. J., Hausman, G. J. & Martin, R. J. The biology of white adipocyte proliferation. Obes Rev 2, 239–254 (2001).
- Green, H. & Kehinde, O. An established preadipose cell line and its differentiation in culture. II. Factors affecting the adipose conversion. Cell 5, 19–27 (1975).
- Lefterova, M. I., Haakonsson, A. K., Lazar, M. A. & Mandrup, S. PPARgamma and the global map of adipogenesis and beyond. *Trends Endocrinol Metab* 25, 293–302, doi: 10.1016/j.tem.2014.04.001 (2014).
- Rosen, E. D. The molecular control of adipogenesis, with special reference to lymphatic pathology. Ann N Y Acad Sci 979, 143–158, discussion 188–196 (2002).
- 9. Nakashima, K. *et al.* The novel zinc finger-containing transcription factor Osterix is required for osteoblast differentiation and bone formation. *Cell* **108**, 17–29, doi: 10.1016/S0092-8674(01)00622-5 (2002).
- Celil, A. B. & Campbell, P. G. BMP-2 and insulin-like growth factor-I mediate osterix (Osx) expression in human mesenchymal stem cells via the MAPK and protein kinase D signaling pathways. *Journal of Biological Chemistry* 280, 31353–31359, doi: 10.1074/jbc. M503845200 (2005).
- Matsubara, T. et al. BMP2 Regulates Osterix through Msx2 and Runx2 during Osteoblast Differentiation. Journal of Biological Chemistry 283, 29119–29125, doi: 10.1074/jbc.M801774200 (2008).
- Koga, T. *et al.* NFAT and Osterix cooperatively regulate bone formation. *Nature Medicine* 11, 880–885, doi: 10.1038/nm1270 (2005).
 Baksh, D., Song, L. & Tuan, R. S. Adult mesenchymal stem cells: characterization, differentiation, and application in cell and gene
- therapy. Journal of Cellular and Molecular Medicine 8, 301–316, doi: 10.1111/j.1582-4934.2004.tb00320.x (2004).
 14. Dimarino, A. M., Caplan, A. I. & Bonfield, T. L. Mesenchymal stem cells in tissue repair. Frontiers in immunology 4, 201, doi: 10.3389/fimmu.2013.00201 (2013).
- Nuttall, M. E., Patton, A. J., Olivera, D. L., Nadeau, D. P. & Gowen, M. Human trabecular bone cells are able to express both osteoblastic and adipocytic phenotype: Implications for osteopenic disorders. *Journal of Bone and Mineral Research* 13, 371–382, doi: 10.1359/jbmr.1998.13.3.371 (1998).
- Park, S. R., Oreffo, R. O. C. & Triffitt, J. T. Interconversion potential of cloned human marrow adipocytes in vitro. Bone 24, 549–554, doi: 10.1016/S8756-3282(99)00084-8 (1999).
- 17. Meunier, P., Aaron, J., Edouard, C. & Vignon, G. Osteoporosis and the replacement of cell populations of the marrow by adipose tissue. A quantitative study of 84 iliac bone biopsies. *Clin Orthop Relat Res* **80**, 147–154 (1971).
- Zhang, Y. Y. et al. Down-Regulation of Type I Runx2 Mediated by Dexamethasone Is Required for 3T3-L1 Adipogenesis. Molecular endocrinology 26, 798–808, doi: 10.1210/me.2011-1287 (2012).
- Lee, D. S. *et al.* NFI-C Regulates Osteoblast Differentiation via Control of Osterix Expression. *Stem Cells* 32, 2467–2479, doi: 10.1002/stem.1733 (2014).
- Schoonjans, K., Staels, B. & Auwerx, J. The peroxisome proliferator activated receptors (PPARs) and their effects on lipid metabolism and adipocyte differentiation. *Biochimica Et Biophysica Acta-Lipids and Lipid Metabolism* 1302, 93–109, doi: 10.1016/0005-2760(96)00066-5 (1996).
- 21. Farmer, S. R. Transcriptional control of adipocyte formation. Cell Metab 4, 263-273, doi: 10.1016/j.cmet.2006.07.001 (2006).
- Wu, Z. D., Bucher, N. L. R. & Farmer, S. R. Induction of peroxisome proliferator-activated receptor gamma during the conversion of 3T3 fibroblasts into adipocytes is mediated by C/EBP beta, C/EBP delta, and glucocorticoids. *Molecular and cellular biology* 16, 4128–4136 (1996).

- 23. Rosen, E. D. et al. C/EBPalpha induces adipogenesis through PPARgamma: a unified pathway. Genes & development 16, 22-26, doi: 10.1101/gad.948702 (2002).
- 24. Tong, Q. et al. Function of GATA transcription factors in preadipocyte-adipocyte transition. Science 290, 134–138 (2000).
- 25. Wright, W. S. et al. Wnt10b inhibits obesity in ob/ob and agouti mice. Diabetes 56, 295-303, doi: 10.2337/db06-1339 (2007).
- Batchvarova, N., Wang, X. Z. & Ron, D. Inhibition of Adipogenesis by the Stress-Induced Protein Chop (Gadd153). *Embo Journal* 14, 4654–4661 (1995).
- Wang, Y. H., Kim, K. A., Kim, J. H. & Sul, H. S. Pref-1, a preadipocyte secreted factor that inhibits adipogenesis. *Journal of Nutrition* 136, 2953–2956 (2006).
- Amorim, B. R. et al. The transcriptional factor Osterix directly interacts with RNA helicase A. Biochemical and biophysical research communications 355, 347–351, doi: 10.1016/j.bbrc.2007.01.150 (2007).
- Sinha, K. M., Yasuda, H., Coombes, M. M., Dent, S. Y. & de Crombrugghe, B. Regulation of the osteoblast-specific transcription factor Osterix by NO66, a Jumonji family histone demethylase. *The EMBO journal* 29, 68–79, doi: 10.1038/emboj.2009.332 (2010).
- Tontonoz, P. & Spiegelman, B. M. Fat and beyond: the diverse biology of PPARgamma. Annu Rev Biochem 77, 289–312, doi: 10.1146/ annurev.biochem.77.061307.091829 (2008).
- Hummasti, S. & Tontonoz, P. The peroxisome proliferator-activated receptor N-terminal domain controls isotype-selective gene expression and adipogenesis. *Molecular endocrinology* 20, 1261–1275, doi: 10.1210/me.2006-0025 (2006).
- 32. Pittenger, M. F. et al. Multilineage potential of adult human mesenchymal stem cells. Science 284, 143-147, doi: 10.1126/ science.284.5411.143 (1999).
- Muruganandan, S., Roman, A. A. & Sinal, C. J. Adipocyte differentiation of bone marrow-derived mesenchymal stem cells: cross talk with the osteoblastogenic program. Cell Mol Life Sci 66, 236–253, doi: 10.1007/s00018-008-8429-z (2009).
- Akune, T. et al. PPAR gamma insufficiency enhances osteogenesis through osteoblast formation from bone marrow progenitors. Journal of Clinical Investigation 113, 846–855, doi: 10.1172/Jci200419900 (2004).
- Kobayashi, H., Gao, Y., Ueta, C., Yamaguchi, A. & Komori, T. Multilineage differentiation of Cbfa1-deficient calvarial cells in vitro. Biochemical and biophysical research communications 273, 630–636, doi: 10.1006/bbrc.2000.2981 (2000).
- Mikami, Y., Lee, M., Irie, S. & Honda, M. J. Dexamethasone Modulates Osteogenesis and Adipogenesis With Regulation of Osterix Expression in Rat Calvaria-Derived Cells. *Journal of Cellular Physiology* 226, 739–748, doi: 10.1002/jcp.22392 (2011).
- Zhang, J. F. et al. MiR-637 maintains the balance between adipocytes and osteoblasts by directly targeting Osterix. Molecular biology of the cell 22, 3955–3961, doi: 10.1091/mbc.E11-04-0356 (2011).
- Rival, Y. et al. Human adipocyte fatty acid-binding protein (aP2) gene promoter-driven reporter assay discriminates nonlipogenic peroxisome proliferator-activated receptor gamma ligands. The Journal of pharmacology and experimental therapeutics 311, 467–475, doi: 10.1124/jpet.104.068254 (2004).
- 39. Kim, J. E. & Chen, J. Regulation of peroxisome proliferator-activated receptor-gamma activity by mammalian target of rapamycin and amino acids in adipogenesis. *Diabetes* 53, 2748–2756, doi: 10.2337/diabetes.53.11.2748 (2004).

Acknowledgements

This research was supported by the Basic Science Research Program through the National Research Foundation of Korea (NRF) funded by the Ministry of Education (2015R1D1A1A01060054, 2015M3A9B6053068).

Author Contributions

Y.H., H.C. and K.Y.L. designed the experiments. Y.H. and C.Y.K. performed the experiments. Y.H. and C.Y.K. analyzed the data. Y.H., H.C. and K.Y.L. wrote the manuscript. All authors read and approved the final manuscript.

Additional Information

Competing financial interests: The authors declare no competing financial interests.

How to cite this article: Han, Y. *et al.* Osterix represses adipogenesis by negatively regulating PPAR γ transcriptional activity. *Sci. Rep.* **6**, 35655; doi: 10.1038/srep35655 (2016).

This work is licensed under a Creative Commons Attribution 4.0 International License. The images or other third party material in this article are included in the article's Creative Commons license, unless indicated otherwise in the credit line; if the material is not included under the Creative Commons license, users will need to obtain permission from the license holder to reproduce the material. To view a copy of this license, visit http://creativecommons.org/licenses/by/4.0/

© The Author(s) 2016